

Mentor Meeting
10/3/2024

Updates

- New mentor introductions
- Current numbers:
 - 30 mentors – YAY
 - 48 CoF youth
 - 18 elementary aged
 - 13 middle school aged
 - 17 high school aged
 - 28 fully matched
 - 39 full enrollment
 - 9 partial enrollment
- Spooktacular Scavenger Hunt
 - Saturday, 10/26/24
 - Handout
- Community Events
 - Handout
- Matt – programming update
- October programming
 - Pumpkin carving/Elephant toothpaste w/Annette, Fri. 10/18
 - Cider making, Tue. 10/29 – NEED ½ gallon jugs
- Friendsgiving
 - 11/21
- Yearlong Growth Mindset work
- Next month's Mentor Meeting
 - Mindfulness w/Madelyn – she will be weaving in kindness and love

Training

- Emotional Regulation
 - <https://childmind.org/article/can-help-kids-self-regulation/>