2018-2019 ANNUAL REPORT



TRANSFORMING LIVES, ONE CHILD AT A TIME

Letter from the Executive Director

Every year I choose a word that describes the theme of the year for my family. Some words have been perserverance, faith or adventure. In reflecting over the year for Circle of Friends, the word that resinates is JOY. One definition of joy is gladness not based on circumstance. Though our youth and mentors have experienced struggle: illness, loss of housing, divorce, cancer, peer & academic difficulties and loss of loved ones...JOY remains. Our mentors have steadfastly served with JOY. They model what it is to be committed and passionate about the children they serve. They model how to do hard things and still have JOY.

It is a privilege to know and work along side such inspiring mentors and watch as our youth become more resilient. Thank you to our mentors and supporters that steadfastly serve and support Circle of Friends and our youth with JOY!

Warmly,

Nicky Merritt

Nicky Merritt

Circle of Friends Staff

Nicky Merritt



Executive Director

Kellie Scholl



Youth Program Coordinator

Karen Isberg



Office Assistant

THANK YOU TO OUR DEDICATED MENTORS



They say you are the average of the 5 people you spend the most time with. Our youth are so fortunate to have you to spend time with. They are surrounded by people that push them, cheer them on, challenge them and love them.

Thank you for passionately and joyfully serving our youth!!

WHAT ARE ADVERSE CHILD EXPERIENCES?

An ACE score is a tally of different types of experences that hallmark a rough childhood. According to the ACE study, the rougher your childhood, the higher your score. Studies have linked a greater number of ACEs with greater risk of heart disease, cancer, bone fracture, chronic lung and liver disease, diabetes and stroke. Those with scores higher than 4 have increased rates of mental illness ACF score is not destiny, it does not tally the positive experiences that help build resilience and protect them from the impacts of trauma. Research suggests that just one caring, safe relationship in life gives a child a much better possibility of growing healthy. Circle of Friends committed to providing caring and safe relationships for our youth so they can thrive through adversity.



OUR YOUTH

58% ACE > 4 33% ACE > 6 82% LOW INCOME 18% HOMELESS



I want them at the table:

Kellie, our Youth Program Coordinator, instantly fell in love with the "Jones" boys while observing them at Sisters Elementary School. I quickly followed suit when they attended their first cooking class at the Clubhouse. The three brothers were full of young boy energy and eager to be a part of their new

"circle of friends". Mom and I had coffee this week and I instantly saw strength in her tired and tearful eyes. She doesn't share her story often, so it was a privilege to be sitting with her that day.



Her life and her boys lives have been scattered with stress, uncertainty and ACEs. She has overcome much, has lost much, yet she expressed joy that through the hardships, she is now in a place to be more present with her boys. Her eyes lit up as she shared about her boys interests and dreams. They want to be rockstars and toy makers. They love music, art, sports and nerf gun wars. I asked her what dream she had for herself. She paused for a long while and then said, "I want them at the table, good healthy men, coming home and sitting with me at the table". She continued to say she wants opportunities for them that she cannot provide. She does not want her mistakes and circumstances to negatively impact them. She is reaching out to Circle of Friends to help her lessen the impact of ACEs for her sons.

This is where **we need you**... the boys are eagerly waiting **MENTORS!** They are waiting for **YOU** to step into their lives and help them become more resilient. If you are ready for a nerf gun war and to fall in love with one of these sweet boys, please call us today to start the process of becoming a

MENTOR!

#GIWINGTUESDAY

Mark your calender!

December 3

is

#Giving Tuesday.

How will you give?

SAVE THE DATE!!!!

MAY 21ST 2020

Be A Friend, Be a Hero

Fundraiser



The Finish Line is in Site

Circle of Friends has been truly amazed by the community support of our dream to have a permanent place to call home, a safe and welcoming place for Sisters youth. We have raised 90% of our Capital Campaign goal in just over one year. We need your help to cross the finish line...to make 164 North Elm Street our forever home!

STOCK GIFTS

Donate Your Appreciated Assets



You can take advantage of tax benefits and magnify your charitable impact by donating your appreciated assets to Circle of Friends!

Call Circle of Friends for more information: 541-588-6445

IRA Charitable Rollover

If you are 70 1/2 years or older, you can send your charitable donation directly from your IRA. This type of transfer will not generate as a taxable income.

If you have not taken your required distribution, your IRA charitable rollover gift can satify all or part of that requirement.

A great way to reduce your taxes and increase your charitable impact!



You can send a note of inspiration directly to one of our Circle of Friends Youth!

Join us in showing your support for our youth! Your note can include:

- Words of encouragment
- A funny joke
- Inspirational quotes
- A hopeful story about how you accomplished a tough goal

How does it work?

Just write your` message, cut it out on the dotted line and mail it in an envelope to PO Box 1718, Sisters, OR 97759. Your message will be posted in our Clubhouse for all our youth to read!

Dear	Circle	of	Friends
Youth	١,		

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OFFICE LINE 54	41.588.6445
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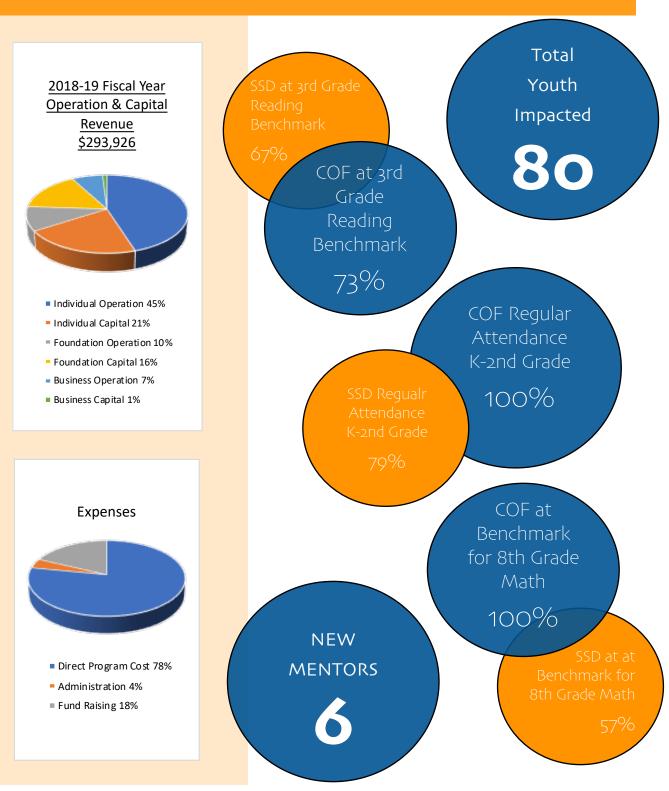




PO Box 1718 Sisters, OR 97758 www.circleoffriendsoregon.org 541-588-6445

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FISCAL YEAR 2018-19 OVERVIEW



YOUR KIND DONATIONS HAVE HELPED TRANSFORM A LIFE

Individual Donors

Jessie-Lea & Curtiss Abbott LesleyAllison Kristi & Stephen Amsberry Michael Anglea Marilyn & John Anthony John & Lynn Archer Bonnie Asay Leonard & Karen Atkins Marti Ayers Frank & Janice Baldwin Deborah & James Barnes James & Marilyn Barnett Bill & Anne Bartlett Kimberley Beauclair Mike & Mo Bidasolo Wendy Birnbaum Art & Anna Blumenkron Dann & Susan Boeschen Amy & Robert Bolton Angelina Bosco Victoria Boucher Donald & Lynn Bowler Marie & Chet Britten Clark & Barbara Brody Joyce Brown Darrell & Marilyn Brownawell Christine Browning James Bruns Robert & Terry Buchholz Michael & Catherine Bullis **Brad Bulloch** Mark & Diane Burnett Melinda Calkin Jeff & Ellina Campbell Duncan & Cindy Campbell David Carlson Bruce & Beth Carpenter Olof & Elizabeth Carpenter Bill & Gayle Carter Pamela & Richard Christ Jennifer Cole Bob & Valerie Collins James & Leah Cook Les & Lori Cooper Richard & Briar Cornuelle Dana & Jim Cunningham Patricia Cusick Ben Dake Hal & Flo Darcey Sheri & Larry Dawson Gary & Barbara Delorenzo Mike & Connie Dingeman Darryl & Margaret Doke Thayne & Margaret Dutson Robert & Annette Ehrenstrom Christine & Bob Elliott Dennis & Shirley Engel John & Kristine Erving Tom Fish Mike & Sue Fisher Fost Dan & Jeri Fouts Michael Fuchs Eric Gabrielson Rodger & Carolyn Gabrielson Linda Goebel Donna Goodwin David & Kay Grady Curt & Jane Graeber Raymond Graeber Mike Green Cindy Green Frank & Margery Guthrie Virginia Hall Eleanor Hammond

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The Oregon Community Foundation The Silver Family Foundation Business, Corperate & Community Deschutes Public Library Duerksen & Associate Inc. Episcopal Church of the Transfiguration Hoyts Hardware Jan McGowan Non-profit Consulting Les Schwab Tire Center Racks, Plaques & More Rise Up International Sisters Coffee Company Sisters Community Church Sisters Meat & Smokehouse The Open Door Three Creeks Brewery Wells Fargo Bank Zosel Harper Realtors Action Air All Good Maintenance Carol Ast-Milchen Awbery Glen Golf Club Terry Áyers Black Butte Ranch Wendy Birnbaum Canvas da Block Cascade Street Distillers Chehalem Vineyard Construction Management Services Inc. Cork Cellars Greg Davidge Dry Canyon Stampede Laurence Dyer Elements Hair Studio Faith, Hope & Charity Vineyard Fika Sisters Coffee House Five Pine Lodge Cindy Grisdela Hike-N-Peaks Jan McGowan Non-profit Consulting Little Prince Nursery Craig Longfield TR McCrystal Melvin's Newport Market Jill Neal Nick Newport **Ouzel Outfitters** Hal Reitmeier Sarah Reppenhaggen Victor Robles Spud Shaw John Shiel Sisters Coffee Sisters Glass & Mirror Sisters Meat & Smokehouse Theresa Slavkovsky The Gallimaufry The Fly Fisher's Place The Foutz Foundation The Hidden Touch The KIDS Center Three Creeks Brewing Randall Tillery Tower Theatre Walmart Foundation Don Zylius

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Heidy Owens