



MS/HS Supplemental Mentor Meeting

April 20, 2022

Future Goals programing

- Kid President motivation video
- Journaling and Setting the Elephant Free activity
- Goal Setting Models
 - SMART
 - CHAMP

First three Future Goals classes will be helping our kids with developing a critical thinking mindset by journaling and starting to work on goals and goal setting.

The Goal for these classes is to help our kids with self-esteem and provide avenues for mentor mentee engagement during the MS/HS Years.

Three MS/HS Future Goals Classes with Mentor Trainings

- Mentor Training for Class #1, April 20 @ 4 pm
 - Journaling & Setting the Elephant Free Activity
 - Goal Setting Models (SMART & CHAMP)
- Class #1, April 26
 - Journaling & Setting the Elephant Free Activity

- Mentor Training for Class #2, May 10 @ 4pm
 - Developing Motivation Intelligence
 - Journaling & Vision Board exercise
- Class #2, May 19
 - Journaling & Vision Board exercise

- Mentor Training for Class #3, June 6 @ 4pm
 - Job searching, resume writing and interviewing
 - Journaling
- Class #3, June 13
 - Journaling and Resume building/writing

Starting in the Fall we will continue our MS/HS Future Goals Classes with another group of three classes continue with our journaling and focus on social media (what we should and should not post) how to talk around different age groups and creating a LinkedIn account.