



Mentor Meeting Agenda

9/2/2021

Introductions

- 3 New Mentors 😊

CoF Updates

- Program Lead
- Back to School BBQ
- Fresh Hop Festival Cancelled
- Please remember to do log sheets and policy updates!

School Reopening

- SSD will be 5 days a week with early release on Friday's
- Start and release time for each school is on the website
- Masks will be required in all three schools
- Teacher information will be sent out next week
- 2021/22 School year calendar is on the website

Campbell House Dedication Event

- Wednesday, 9/29 from 5:30-7 pm
- We would also like to have our kids write a little "thank you" letter talking about what their most favorite part/parts of the clubhouse is.
- Concern over COVID numbers – mentor thoughts??

September Programming

- We have had a change – see schedule on website (or last schedule sent out)

Anxiety

- Signs of anxiety
- How can we help our kids with anxiety
- 2 Articles for you to read on anxiety

Connecting Through Conversation

- Each mentor meeting we will end with one idea for connecting through conversation
- This months connections...High/Low
 - Ask your mentee to think of one high point in the week and one low point, you do the same.
 - Start with the low point, end with the high.
 - With lows, ask what support can be helpful, can you control whether or not it repeats.
 - With highs celebrate and create for the future.

Next Mentor Meeting will be moved to Wednesday, 10/6/21 at 5 pm