

ADULT _____ MONTH / YEAR _____ CHILD _____

CHILD'S GOAL _____

Things we did, talked about or observed.

School Success

- 1. Regular School Attendance
- 2. Positive School Behavior
- 3. Successful Course Performance

Social and Emotional

- 4. Identifies relationships with peers & adults who provide social support & connections with resources.

Improved Health

- 5. Healthy Nutrition
- 6. Regular Physical Activity
- 7. Understand and use preventative physical and mental health resources

Making Good Choices

- 8. Engages in positive extra-curricular activities
- 9. Engages in non-aggressive behavior
- 10. Makes self-guided decisions to avoid risky behavior

Plans and Skills for the Future

- 11. Attain skills for safety and independence
- 12. Youth can set short and long-term goals and monitor progress towards them

Contact with Guardian
 Critical Issue to Report
 Life Stressors
 Contact with Teacher
 Contact with Other
 Planned Outing that did not occur
 Phone/Text/Email

DATE: _____
 Location: _____

HOURS: _____
 Who Else Present: _____

Circle what applies:
 1 2 3 4 5 6 7 8 9 10 11 12

Circle what applies:
 A B C D E F G H I

DATE: _____
 Location: _____

HOURS: _____
 Who Else Present: _____

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Skills We Are Building Core Assets:

- A. Growth Mindset**
(wants and/or loves to learn)
- B. Positive Relationship Building**
(being aware of Other's feelings, expressing thanks, asking for help)
- C. Find Your Spark**
(exploring and/or showing excitement for passion and interest)
- D. Problem-Solving**
(able to make decisions)
- E. Self-Determination**
(believe in self/set goals)
- F. Self-Management**
(manage feelings)
- G. Perseverance / Grit**
(work hard, keep trying, finish what start)
- H. Hope**
(believing things can get better, excitement)
- I. Sense of Belonging**
(feeling accepted)

Additional NOTES: