

**CIRCLE OF FRIENDS** 



# HONOR. CELEBRATE. EMPOWER.

Vitalizing our *Core Assets* 





# CELEBRATE. EMPOWER.



**Honor.** Celebrate. Empower.

These three words hold so much power when they lead the way in which we show up for others. Since our founding in 2011, Circle of Friends has grown in impact and need in our community. In joining Circle of Friends just over 3 years ago, I have watched our team do the most incredible work, grounded in the knowledge that the students who most need support are often the ones most lacking in resources, community, and belonging.

This year we undertook redefining our core assets which guide our work with children and youth here in Sisters Country. We gathered input from our children, youth, families, mentors, teachers, and other community partners and we re-imagined the focus of our program. We remain steadfast in our mission of transforming lives, one child at a time.

It is our pleasure to share with you our Fiscal Year 2022-2023 Impact Report highlighting a year of substantial organizational development. No better time exists than now. As need grows in the Sisters Community, Circle of Friends has spent this past year working proactively to grow a systematic and systemic approach to addressing the social/emotional needs of youth experiencing a number of adverse conditions in their lives.

**Honor.** We have added a new bilingual Youth Program Lead to work in partnership with our Spanish speaking families. **Celebrate.** We have refocused our goals and strategies to meet the changing needs of families which honors their diversity. **Empower.** We have increased our support and work to develop self-advocacy skills and successful interactions within larger organizational systems for our children and families. Through it all our mentors and staff show up to honor, celebrate, and empower our children, youth, and families!

We can't do it without you. We depend on your support to honor, celebrate and empower those we serve!

Nicole S. Woodson

Added 7 new volunteer mentors and utilized 61 active volunteers

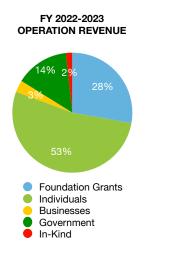
Served over 7% of the Sisters School District student population

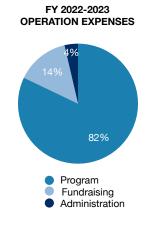
94% of our children and youth qualify for free/reduced lunch program

Implemented a fully accessible online Mentor Portal with reporting app

97% of CoF youth have not had discipline referrals

230 active connections representing community partners









# **BELONGING.**

"My kids are learning how to be kids, be involved in the community, meeting new people, and feeling loved and cared for by others. They are truly happy." - CoF Parent

## HONOR, CELEBRATE, EMPOWER.

### **REDEFINED CORE ASSETS**



#### Mindfulness:

I notice what is happening around me and am able to respond in a clear way. I am present, attentive, and grateful for each moment. I am able to take the perspective of and empathize with others, including those from diverse backgrounds.



#### **Belonging:**

I understand who I am, have a place where I can feel accepted and know that my contributions count. I belong to a group at school or in the community. I feel welcomed in a group. I talk about being accepted and appreciated by others in the group. I'm interested in exploring my own identity.



#### **Responsible Decision Making:**

I can weigh the pros and cons to make a decision. I can choose options and carry out a decision. I consider different strategies and options for solving a problem. I can evaluate the consequences of various actions and have consideration for the well-being of myself and others.



#### Positive Relationship Building:

I get along well with others and am able to find people to support me. I am aware of other's feelings and needs. I am able to communicate clearly in a positive way, listen well and cooperate with others. I can seek and offer help when needed. I can express thanks for help when provided.



#### Spark:

I want to explore my passions, interests, and new situations. I get excited about my passions. I participate in at least one activity that is tied to a hobby or passion. I can name a personal strength or accomplishment. I can express a dream for myself. I believe in myself and am able to set goals to achieve them. I work hard through challenges and finish what I start.



#### **Self Management:**

I know how to manage my feelings and take care of myself in a healthy way. I can identify my emotions. I can inhibit impulsive behavior. I can assess my strengths and limitations with a well-grounded sense of confidence and "growth mindset".

# Thank you! MENTORS



**Kelly Bither Art Blumenkron Terry Buchholz** Steve & Teri Clenaghen **Patricia Cusick Annette Ehrenstrom Nick Gill** Allan & Kathryn Godsiff Karl Goodwin **Lorene Harris Sydney Harrison Stephanie Heathcote Kay Johnson Dave Lowe** Jan Martin Jim & Diane Prichard **Keith Nuthall** Marti Rosenthal **Curt Scholl Jeff Smith Loma Smith Forrest Tancer** Jim & Joan Upshaw **Tally Wren** 

Transforming lives, one child at a time

## HONOR, CELEBRATE, EMPOWER,

Amsberry, Steve & Kristi

Arnce, Darleene

Ast-Milchen, Carol

Baldock, Lana

Baldwin, Frank & Janice

Barbour, Don - Sierra Pacific Windows

Beasley, Mark

Bermel, Peg & Doug

Bialous, Dani - Rodeo Association

Birch & Home - Joe & Lydia Nickelson

Birnbaum, Wendy

Boardman, Mary Anne

Boeschen, Dann & Susan

Bogaert, John & Shelley

Boondock Garage LLC - Jason Yearous

Brownawell, Darrell & Marilyn

Buchholz, Bob & Terry

Calabro, Lane

Campbell, Duncan & Cindy

Carrell, Sharon

Carpenter, Olof & Elizabeth

Central Oregon Health Council

Chisum, Angela

Cody's Country Catering - Rick Pike

Cooper, Les & Lori

Corson, Don

Cow Creek Umpqua Indian Foundation

Darcey, Hal & Lei

Drinkward, Kathy

Dyer, Lawrence (deceased)

Ehrenstrom, Annette

Ehrenstrom, Barbara Elliott, Rich & Nancy

Erickson, Jackie

Erving, John & Kristine

Feldman-Folk, Eric & Susan

Ferreira Family Foundation - Teresa Ferreira

Fields, Zeke & Shaina

First Interstate Bank

Fisher, Sue

Fleming, Angela

Freeman, Karen

Friedman, Grea

Gabrielson, Rodger & Carolyn

Gies, Lisa & Anglea, Kirstin

Glick, Dave & Cindy

Grady, David & Kay

Godfrey, Joanne

Griffin, Jeff & Marna

Guild, James

Guthrie, Frank & Margery

Hamilton, Jim

Harrer-Tithing, Janice

Harris, Brian & Lorene

Heathcote, Stephanie Hedrick, Donald & Shirley

Hiller, David & Laura

High Desert Chocolate Co. - Lanny &

Shaunette White

Hudson, Brett

Huntington, Kathleen

Hyland, Lynne

Isberg, Karen & Davidge, Greg

Isberg, Kurt

Jablonski, Greg & Mirka

Jacobs-Halousek, Bonnie

Johnson, Jeff & Kay

Keefer, Bob & Christi

Kellogg, Richard & Susan

Kiwanis of Sisters

Kizziar Properties - Tim Kizziar

Klein, Don & Lyn

Koblitz, Mary

Lamb. Phil & Bonnie

Larson, Tim & Lori

Lindros, Judy

Lipscomb, Paul & Donna

Longfield, Craig & Susan

Longfield, John

Martin, Jan

McCormick, James & Barbara

McGowan, Jack & Jan

McHugh, Riley & Leslie

Martinez, Alysa - Lucky Star Mobile Bar

McMasters. Terri

Mencke, Raymond

Miller, David & Darlene

Monaco, Casev & Shannon

Moulton, Thomas

Munro, Crista - Sisters Folk Festival

Musson, Jake

Myers, Doug & Lynne

Neff. Kent

Neuwelt, Jill

Newport, Chuck & Debbie

Newport, Nick

Nuthall, Keith & Mona

Olson, Gary & Cheryl

Perrin, Jeff - The Fly Fisher's Place

Peterson, Jamie

Peterson, Martha

Prichard, Jim & Diana

Thank you.

Reeder, Bob & Wendy Reents, Jeff & Paula

Rhett, Alice

Robinson, Randy & Carleen Rognlien, Bruce & Marleen

Rosenthal, Marti Roth. Tim & Laura Roundhouse Foundation Run Sisters Run - Kelly Bither Sacks. Kristin

Saraceno, Angela - St. Charles Healthcare

Schaferbraun, Debra A. Scholl, Curt & Kellie Serdahl, Laurie

Sewall, Cathy

Sheppard, Keith & Greta

Siebert, Karl

Silver Family Foundation

Sisters Ace Hardware - Daly Haasch

Sisters Meat & Smokehouse - Jeff & Kay Johnson

Slingsby, Terry & Jane Smith-Weber, Loma Stafford, Kit

Stasko, Mike & Madelyn

Suttle Tea. LLC

Swisher, Steve & Novella The Campbell Foundation

c/o Duncan & Cindy Campbell

The Douglas and Gloria Rumberger Foundation c/o Kelly S. Gutierrez

The Episcopal Church of the Transfiguration

The Hen's Tooth

The Nara Fund, INC

The Pony Express - Wesley & Teagan Johnston

Three Creeks Brewing Co.- Wade & Marlys

Underwood

Three Sisters Floral

Tower, Denny & Sue

Turnquist, Kristin

Upshaw, Jim & Joan Vadman, David & Maureen

Waddell, Steve & Susan Webster, Heather

Wehrle, Gary & Eileen

Western Title Company c/o Shelley Marsh

Whole Foods

Wild Roots/Broken Top Mountain Whiskey

c/o Katie Beasley

Woodell, Robert & Mary Anne

Winn, Bob Zosel, Carol



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Leslie McHugh - Fund Development

Keith Nuthall - Mentor Representative

Jane Slingsby - Finance



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